

**Apparatus, bed and method for displacing a recumbent person to a sitting position**

The invention relates to an apparatus for displacing a person from a lateral recumbent position to a sitting position and vice versa, comprising: engaging means for engaging  
5 on the person. The invention also relates to a bed provided with such an apparatus. The invention further relates to a method for displacing a person from a lateral recumbent position to a sitting position, and vice versa, using such an apparatus.

For many older people and semi-invalids it is generally difficult to move unassisted  
10 from a recumbent position in bed to a sitting position. The help of another person, for instance a carer, or use of an aid is usually required here to be able to achieve the desired movement. The international patent application WO 97/10792 describes an apparatus for supporting persons when getting in and out of bed, using which (semi-  
15 invalid) persons can however get in or out of bed autonomously. The known apparatus comprises an arm which can be swivelled on a vertical axis and which is displaceable by means of driving by an electric motor between a first position, in which the arm is positioned above a person located in the bed, and a second position in which the arm is positioned along a person located (partly) beside the bed. The two positions enclose a  
20 substantially perpendicular angle to each other. Using the known apparatus a user, such as for instance a semi-invalid, can be transported from a dorsal recumbent position to a sitting position on an edge of the bed. The known apparatus has a number of drawbacks however. A significant drawback of the known apparatus is that a user must grip onto the arm over a relatively long distance, wherein considerable tensile strains are  
25 user.

The invention has for its object to provide a relatively user-friendly apparatus for displacing a person from a recumbent position to a sitting position and vice versa.

30 The invention provides for this purpose an apparatus of the type stated in the preamble, characterized in that the engaging means are rotatable about a substantially horizontal axis such that, during rotation of the engaging means in a situation engaging on the person, the person undergoes a rotation about a substantially sagittal axis of the person from the lateral recumbent position to a sitting position and vice versa.

The rotation about a sagittal axis of the user can be realized because the engaging means are rotatable about the substantially horizontal axis. Such a movement, which the (semi-invalid) user undergoes during use of the apparatus, is very similar to methods of  
5 getting in and out of bed recommended by physiotherapists, wherein the load on the body, and in particular the back, neck and shoulders, is minimized. During use of the apparatus according to the invention the user thus rotates here (substantially) only on a single (natural) sagittal axis generally located at the position of the lower trunk, and not, as occurs during use of the already known apparatus, on a dual axis where the user  
10 rotates about both a transverse axis and a longitudinal axis of the user. It is noted that during rotation on the sagittal axis the user can rotate as a whole and can also undergo a lower trunk rotation. The at least substantially horizontal rotation axis of the engaging means can be formed by a physical shaft, but may also be formed by a notional (imaginary) axis. The positioning of the at least substantially horizontal axis relative to  
15 the person can also be varied; the axis can be located substantially under the person, but may intersect the person or be located substantially above the person, as long as rotation of the engaging means about this horizontal axis brings about a sagittal rotation of the user.

20 In a preferred embodiment the engaging means are provided with a head support and/or a first handgrip for the person. In the case a support (such as a head support, back support, shoulder support and/or neck support) is applied, the user is then displaced in supporting manner during the rotation about the sagittal axis. As will be apparent, diverse body parts of the user, such as the head, neck, shoulders, back etc., can be  
25 supported during displacement of the user. The user does not therefore need to actively hold onto the engaging means, but is displaced in (almost) passive manner from a lateral recumbent position to a sitting position, and vice versa. It is on the other hand also possible to provide the engaging means with a handgrip or any other holding member onto which the user can hold in order to undergo the sagittal rotation.

30 The engaging means are preferably coupled to force-transmitting means rotatable about the substantially horizontal axis. The force-transmitting means can herein be very diverse in nature, design and dimensioning. The purpose of the force-transmitting means is to transmit the forces exerted on the apparatus to the engaging means in order

to enable the engaging means to rotate about the substantially horizontal axis. The loads exerted on the apparatus, and particularly on the force-transmitting means, can be applied using for instance muscular force and/or (electro)mechanical force or any other external energy source. The force-transmitting means can herein be formed for instance  
5 by one or more arms, by one or more (mutually co-acting) toothed wheels, and/or by one or more assemblies of a pulley and a cord co-acting therewith. In a particular preferred embodiment, the force-transmitting means are adapted to roll along a surface supporting the person. The force-transmitting means can then be formed for instance by a (partly) curved bracket which is adapted to support on the support surface while  
10 rolling along the support surface during rotation of the engaging means about the substantially horizontal axis. A lever effect can thus be realized during displacement of the user. The positioning of the substantially horizontal axis will generally be determined here by the relative orientation between the support surface and the force-transmitting means, in particular the (partly) curved bracket, and generally lies on the  
15 support surface of the person. In another particular preferred embodiment, the force-transmitting means are pivotable about the substantially horizontal axis. Thus, in the case the substantially horizontal axis is formed by a physical shaft, a torque of the substantially horizontal axis can for instance be usefully employed, by means of the force-transmitting means, for the rotation of the engaging means, and thus of the person.

20 In a further particular preferred embodiment, the force-transmitting means are provided with at least a second handgrip for exerting a manual force on the apparatus by a second person to bring about rotation of the engaging means. By applying muscular force to the second handgrip, the second person, generally a carer, can cause the engaging means to  
25 rotate about the substantially horizontal axis via the force-transmitting means, whereby the user will undergo the rotation about the substantially sagittal axis. The second handgrip can optionally be formed by an operating handle of an electric motor connected to the force-transmitting means. The substantially horizontal axis is preferably located between the engaging means and at least a second handgrip. By  
30 positioning the pivot point between the two physically loaded elements, i.e. the engaging means on one side and the second handgrip on the other, a lever effect can be achieved during displacement of the user from a lateral recumbent position to a sitting position and vice versa. The user can hereby be displaced in relatively simple, easy and efficient manner between a sitting position and a lateral recumbent position. It is

however also possible to position the at least one second handgrip adjacently of the engaging means. The second handgrip can thus (also) be arranged on for instance the head support. It will be apparent that it is also possible to envisage applying a plurality of second handgrips in the same apparatus according to the invention, in order to further  
5 facilitate displacement of the engaging means.

In another preferred embodiment, the force-transmitting means are coupled to electromechanical drive means for rotating the engaging means. The electromechanical drive means can herein be formed for instance by one or more electric motors. The  
10 electromechanical drive means can optionally be activated unassisted by the user, whereby the user can cause the engaging means, and thus him/herself, to rotate relatively simply and wholly autonomously. Such an activation can herein be arranged for instance on the engaging means.

15 The force-transmitting means are preferably at least partially adapted to support the person. The force-transmitting means can in that case be provided with one or more (optionally) curved arms for supporting at least a part of the user. In this way the dorsally located contact surface between the user and the force-transmitting means can be enlarged, whereby displacement of the user can take place in more controlled, stable  
20 and smooth manner.

In yet another preferred embodiment, the substantially horizontal axis is displaceable. By causing the substantially horizontal axis to displace during rotation of the engaging means, the engaging means will pass through a non-circular path during displacement.  
25 Such a (non-circular) curved path can be advantageous in enabling displacement of the user in optimal manner. As already noted, the force-transmitting means are preferably also provided with at least one arm. In a further preferred embodiment, the arm takes an at least partially non-linear form, wherein a part of the arm takes an angular or curved (bracket-like) form.

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The invention also relates to a bed provided with such an apparatus. The bed is preferably mobile in that the bed is provided with a plurality of carrying wheels.

The invention further relates to a method for displacing a person from a lateral recumbent position to a sitting position, and vice versa, using such an apparatus, comprising the steps of: A) causing the engaging means to engage on the person, and B) causing the engaging means to rotate about the substantially horizontal axis, wherein the person undergoes a rotation about the sagittal axis from a lateral recumbent position to a sitting position. The advantage of applying the method according to the invention is that the user undergoes a natural displacement about the sagittal axis, wherein the loads exerted on the user are minimized. Further advantages have already been described in the foregoing. The rotation of the engaging means as according to step B) preferably takes place in manual manner by applying muscular force directly or indirectly to the engaging means. In another preferred embodiment the rotation of the engaging means as according to step B) takes place in electromechanical manner, for instance by means of an electric motor. In a further preferred embodiment the substantially horizontal axis is displaced during rotation of the engaging means as according to step B). Advantages of the above stated preferred embodiments have already been described above.

The invention will be further elucidated on the basis of non-limitative exemplary embodiments shown in the following figures, in which:

figure 1 shows a perspective view of a person, wherein diverse anatomical axes are indicated,

figure 2 shows a perspective view of a preferred embodiment of an apparatus according to the invention,

figure 3a shows a schematic view of the apparatus of figure 2 and a person in a lateral recumbent position,

figure 3b shows a schematic view of the apparatus of figure 2 and a person in a transition position,

figure 3c shows a schematic view of the apparatus of figure 2 and a person in a sitting position,

figure 4 is a side view of a bed provided with another apparatus according to the invention, and

figure 5 is a side view of a bed provided with yet another apparatus according to the invention.

Figure 1 shows a perspective view of a person 1, wherein diverse general anatomical axes 2, 3, 4 are indicated. Every human body 1 has one (or more) transverse axes 2 which intersect both a left-hand part and a right-hand part of the body, in this example horizontally. In addition, the human body has one (or more) longitudinal axes 3 which extend over the length of body 1. In addition to the transverse axis 2 and longitudinal axis 3, the human body 1 also has one (or more) sagittal axes 4 which intersect both a front part and a rear part of the human body 1, in this example horizontally.

Figure 2 shows a perspective view of a preferred embodiment of an apparatus 5 according to the invention. The (mobile) apparatus 5 comprises a bracket-like arm 6, which arm 6 is provided on one side with a head support 7 for supporting a user (not shown), and which arm 6 is provided on an opposite side with a handgrip 8 for a carer (not shown). Handgrip 8 is arranged to facilitate displacement of the user between a lateral recumbent position and a sitting position. Head support 7 is connected on a side remote from arm 6 to an additional handgrip 9 for the carer, in order to further facilitate displacement of the user. Arm 6 is in fact constructed from an upper arm part 10 located toward head support 7, and a lower arm part 11 located toward handgrip 8. Both arm parts 10, 11 are mutually connected at the position of a curve in both arm parts 10, 11. The curve is here adapted to support, in particular roll along, on a surface supporting the user. The length of upper arm part 10 substantially corresponds to the distance between the neck or the head of the user on the one hand and the (lower part of the) trunk or seat of the user on the other. The effective length of upper arm part 10 is adjustable by sliding head support 7 along upper arm part 10. When the correct arm length is obtained, the relative orientation between head support 7 and arm 6 can be fixed by means of a locking element 12. The length of lower arm part 11 is particularly relevant for optimizing the lever action for the carer during rotation - by rolling along on the support surface - of apparatus 5, in particular head support 7. Arm 6 is preferably manufactured from a substantially rigid material, such as for instance aluminium or any other metal. Conversely, head support 7 is preferably manufactured from a (slightly) elastic material, such as for instance foam rubber, so as to make supporting on head support 7 more pleasant for the user. In addition to a relatively flexible applicability of the mobile apparatus 5, apparatus 5 has the advantage of being structurally relatively

simple. The further operation of the shown apparatus 5 is shown in figures 3a, 3b and 3c.

Figure 3a shows a schematic view of apparatus 5 of figure 2 and a person 13 in a lateral  
5 recumbent position. The head 14 of person 13 supports on head support 7. Arm 6 is  
positioned along person 13 on a dorsal side of person 13, wherein lower arm part 11 of  
arm 6 protrudes relative to a lateral side of person 13. Arm 6 herein supports on a  
support surface (not shown) of person 13. Another person, for instance a carer, can  
displace handgrip 8 in the direction of the support surface, wherein head support 7 will  
10 be displaced in a direction away from the support surface, as shown in figures 3b and  
3c. During the displacement of head support 7 in said direction, person 13 will undergo  
a rotation on his/her own sagittal axis 15 at the position of the lower trunk, this sagittal  
axis 15 being indicated here.

Figure 3b shows a schematic view of apparatus 5 of figure 2 and person 13 in a  
15 transition position. Since only a rotation on the sagittal axis 15 of person 13 takes place,  
wherein person 13 is supported at a distance from sagittal axis 15 by head support 7, a  
user-friendly and controlled rotation of person 13 can take place, wherein the loads  
exerted on person 13 are minimized. If handgrip 8 is displaced further in the direction of  
20 the support surface by the other person, in particular the carer, further rotation of person  
13 about the sagittal axis 15 can take place. A position which can then be reached is the  
sitting position of person 13 as shown in figure 3c.

Figure 3c shows a schematic view of apparatus 5 of figure 2 and the person 13 in a  
25 sitting position, wherein the legs 16 of the person are oriented along the support surface.  
In the shown situation the upper arm part 10 is in substantially vertical orientation, and  
handgrip 8 is positioned close to the support surface. The person 13 can stand up  
relatively easy in the shown position, and apparatus 5 can also be easily removed from  
the support surface and person 13. It should be noted that the relative orientation  
30 between the sagittal axis 15 and the person 13 has not changed, or at least hardly so,  
during the displacement of person 13. It will be apparent that, as well as being used to  
displace person 13 from the lateral recumbent position to the sitting position, the shown  
apparatus 5 can also be used to displace person 13 from the sitting position to the lateral  
recumbent position.

Figure 4 is a side view of a bed 17 provided with another apparatus 18 according to the invention. A substantial part of apparatus 18 is here positioned under bed 17. Apparatus 18 is provided with a housing 19 for an electric motor (not shown), wherein housing 19 is provided with a slot 20 for passage of a substantially horizontal rotatable shaft 21. The rotatable shaft 21 is herein displaceable through slot 20, preferably during rotation of shaft 21. The rotatable shaft 21 is coupled to an angular arm 22, wherein a part of the arm 22 remote from rotation shaft 21 functions as engaging element 23 for a, preferably lateral recumbent, person 24 positioned on bed 17. After activation of the electric motor by person 24 or by another person, rotation shaft 21 will begin to rotate in clockwise direction, wherein the rotating shaft 21 will also be displaced horizontally through slot 20 (see arrow A). As a result the engaging element 23 will describe a curved (non-circular) path in clockwise direction. The person 24 holding onto engaging element 23 will undergo a natural rotation on a sagittal axis 25 of person 24 (see arrow B) in the direction of a sitting position. Since rotation shaft 21 is displaced horizontally in the direction of arrow A during rotation, the user can be displaced in natural, unforced manner from a recumbent position to a sitting position (and vice versa). Owing to the horizontal displacement of rotation shaft 21 leg room is furthermore created for person 24 during displacement of person 24 in the direction of the sitting position. Apparatus 18 can be permanently connected to bed 17, but can also be embodied as a releasable module which can be fitted to a conventional bed.

Figure 5 is a side view of a bed 26 provided with yet another apparatus 27 according to the invention. Apparatus 27 greatly resembles the apparatus 18 shown in figure 4. Apparatus 27, which is positioned for the greater part under bed 26, comprises a rotatable toothed wheel 28 driven by an electric motor (not shown). Toothed wheel 28 is adapted for co-action with a toothed surface 29 of a non-linear arm 30. A side of arm 30 remote from the toothed surface 29 is supported in guiding manner by a support wheel 31. A part of arm 30 protruding above bed 26 is adapted as handgrip 32 for a user 33 situated on bed 26. When toothed wheel 28 is rotated, arm 30 will begin to displace, wherein handgrip 32 will begin to rotate on an imaginary axis such that the user 33 holding onto handgrip 32 will be rotated about the substantially sagittal axis 34 of user 33 to a sitting position (arrow C). The lower trunk rotation or whole body rotation of user 33 on the sagittal axis minimizes the load on the body of user 33, and is therefore



generally very suitable for semi-invalid users 33. The shown apparatus 27 can be used wholly autonomously by user 33, wherein assistance from a carer or other person is not essential.

- 5 It will be apparent that the invention is not limited to the exemplary embodiments shown and described here, but that within the scope of the appended claims a large number of variants are possible which will be self-evident to the skilled person in this field.

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